



## TO CONSERVE THE MEDICINAL PLANTS THROUGH SURVEY OF TRADITIONAL HAKIM,VAIDYAS IMPLIMENTS.



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### ABSTRACT

This paper deals with the conservation of medicinal plants through the survey of traditional Hakim,Vaidyas Implements. Researcher had made lot of visits to the nearby villages of Aundha Tehasil. Aundha Nagnath is Holy place 8th Jyotirlinga where is Lord Shivas temple. Hence, no of pilgrims visits to this holy place. Investigators aim is that to provide the importance of herbal medicines of this region to tourist and maintain the relationship. When we had visited to the Anjanwada village to the local hakim or vaidya Ganesh Sadashiv Choure, he told us about medicinal plant 'Cleome viscosa – L ' as applied on 'Toothache' (Leaf Ball). When we asked about this medicine to his patient Mrs. Lata Vishwanath Pole then he replied that She got a relief from toothache within three days and She told that to avoid tea during treatment. The tribal, Hakims, Vaidyas financially are very poor but they have lot of knowledge about medicinal plants. But create confusion due to local language hence we tried to connect as a scientific language which may be beneficial for further research.

**KEY WORDS:** Traditional, herbal medicines, language, temple.

### INTRODUCTION :

This paper deals with the conservation of medicinal plants through the survey of traditional Hakim,Vaidyas Impliments. Researcher had made lot of visits to the nearby villages of Aundha Tehasil. Aundha Nagnath is Holy place 8th Jyotirlinga where is Lord Shiva . Hence, no of pilgrims visits to this holy place. Invistigators aim is that to provide the importance of herbal medicines of this region to

tourist and maintain the relationship. When we had visited to the Anjanwada village to the local hakim or vaidya Ganesh Sadashiv Choure, he told about medicinal plant 'Cleome viscosa – L ' as applied on 'Toothache' (Leaf Ball). When we asked about this medicine to his patient Mrs. Lata Vishwanath Pole then he replied that she got a relief from toothache within three days and She told that to avoid tea during treatment. When I had visited to Berula (Jawla Bazar ) to Local Hakim Chavan , he told us about how to cure Jaundice with the mixture of castor leaf,jawar and Lahsun engulf with cow's milk for 14 days by avoiding tea and milky substances and patient should have light meal . The patient of Joundice Miss. Sharada Pawar (9 years old), when we asked to her parents about this medicine, they told that this medicine is so useful to their child and she cure from Jaundice in 14 days without any side-effect. When I had visited to Borja to Local Hakim Raju Pandurang Vankhede also known as Sakharbaba in town, he told us about the plant Gunj (Abrus precatorious L). Their leaves are useful to cure from thyroid diseases. And their seeds powder and root powder is useful to increase energy and useful to reproductive system without any side-effect. And the patient is himself told that, in period of treatment Jawar Bhakar should be eat. He also told about the plant Sadaphuli and the useful part of that plant is the flower is that daily eating of 8 flowers of Sadaphuli for 14 days Sugar can be controlled and after some time sugar will be controlled but everyone cannot use this because these flower are bitter. But the side-effect of this flower is that the more content of these flower causes unconsciousness. He also told us about the plant Azadirachta indica A.Juss.which has antibacterial property , kill the worms in our stomach , purifies the blood , decrease cholesterol level , maintain body temperature that is 370 also have antifungal property. He also told about the disease Mulvyad that is 5 lemons and one glass of cow's milk is required. Firstly we want to drink a glass of cow milk and after that we want to drink the juice of five lemons. After this treatment 2 hours doesn't take meal, this treatment is for 3 days. By meeting of the patient Ganesh Yadav we have the conclusion that this treatment is useful. He also told us about the disease Asthma, that Calotropis procera R.Br.(Ruchki). Flower is the useful part for Asthma that half kg of flower should be dried in sun, we want to make a powder of that dried flower and one smallest tea spoon should be drink with honey. But the flower should be taken carefully because the high dose of this causes vomiting and unconsciousness. He told about the tree that is Ficus racemosa L.(Umbar) which occurs easily, that the fruit of this tree can increase our immunity power without any side-effect. Anyone can eat these fruits.

He told about the plant Barleria prionitis L (Katekoranti) which reduce the mouth inflammation. Leaf is useful part for this inflammation, firstly we want to eat the leaf and juice of leaf will do the work, but water should be drink after half hour after this treatment.

He also told about the plant Bryophyllum calycinum L (Panphuti) which occur anywhere easily in any season. The leaf part of Panphuti is useful for kidney stone. For this in early morning we want to eat 8-10 leaves of this plant, the patient Mr. Suresh Chatte had used this, after one month his 12mm kidney stone dissolved .There is no side-effect of this plant, daily use should be useful for body. For Scorpio bite, the application of paste of Cassia tora L(Tarota) + Lahsun + Sugar + Lime (Choona) on bite after 10-15 min the patient should get relief. If there is decrease in the platelets number, the plant Tinospora cordifolia (Gulvel) and family Menispermaceae. And horse gram (Phutane ) one glass juice should be taken for 15 days surely there is increase in number of platelets. For child it should be only 2 table spoon juice. There is no side-effect of this treatment. The plant or vegetable Casera elliptia Wild (Chili) is useful to maintain the body temperature. And the patient having Aliment caused by heat should be eat the vegetable. Daily use of this vegetable is useful. For Joundice , the juice of Bahava bark should be taken with water. It can be taken forever.

For white flow , the application of Indigofera glardalo Wend (diwali) and salt is useful it is applid for 2 days . This is generally used by farmers. Due to the difference in local language and authentic universal information there is some confusion through this project. We try to overcome this confusion and objectives are,To collect the data. To study the morphological information of medicinal plants. To collect the vaidya,hakims data in their local language and convert in universal authentic language's also study patients history.

#### MATERIAL AND METHOD:

The work is related with the supervision and data collection and interlink with the tradition to recent concept. We had made visit plan to the villages of Aundha Tehsil . During this, different visits are organized to the Hakims Vaidya . When I visited to the Hakims Vaidya we get the morphological knowledge of medicinal plants and medicinal properties view. Through interview we have collected information locality of medicinal plants from different Hakim or Vaidya .

In Second step, I had visited to different type of patient which are under treatment of Hakim. Then, we observed that patient told about medicinal plants, relief for disease which is exactly co-related to Hakim.

#### RESULT AND DISCUSSION :

Citrus aurantifolia Swingle L.(Lemon):- Fruits are edible, rich in source of vit.C and due to this eyesight will strong and useful on piles.

Azadirachta indica A. Juss (Kadulimb) – Reduce the acidity and used in skin diseases.Cassia tora Linn.(Tarota)- Leaf juice with lime is applied on Scorpion sting and leaf paste is applied on nailpain.

Cascaria elliptica Willd (Chili)- It is used as vegetable and fresh leaf juice is injested for Urinal pain.

Ficus racemosa Linn (Umbar)- Fruits are used to increase immunity.

Cleome viscosa Linn(Rantikhi) – Leaves help to cure toothache.

Ricinus communis Linn Castor)- Leaf juice with jowar grains and garlic in addition to cowmilk is used to cure Jaundice.

Curcuma longa L. (Haldi) – It is used with jaggery to reduce acidity and for cough also.

Calotropis procera R.Br.(Ruchki) – Leaf juice with honey is used to cure asthma in small quantity.

Jasminum grandiflorum Linn. (Jai) – It gives vit B-complex and cure mouth pain.

Aloe vera L.Burm.f.– It is applied as a hairwash , shampoo, skin disease.

Indigofera chrotalaria L.(Diwali):- Leaf paste with salt applied on nailpain.

Abrus precatorius Linn. (Gunj):- Leaves are used in throught infection and seeds are injested to control the reproductive hormone.

Bryophyllum calycium Linn.(Panphuti) :- Leaves chewed in early morning for controlling kidneystone.

Catharantius roseus L.G.Don (Sadaphuli):- To control diabetes flower are useful.

Cassia fistula Linn(Bahava) :- Juice extracted from bark is useful to control Jaundice.

Momordica charantia Linn. (Bitterguard):- To control acidity and diabetes.

Barleria prionitis Linn. (Katekoranti):- Leaf chewing fulfills the Vit. B-complex deficiency for curing mouthpain.

Tinospora cordifolia (Willd) Miers(Gulvel) :- To control the fever.

#### CONCLUSION :

The conclusion of researcher is that in Aundha region Hakim and Vaidya have full of knowledge

of medicinal plants and number of patient use these medicinal plants as medicine on different diseases and they got relief. Due to this, another thing is that in this region peoples and medicinal plant relationship is somewhat lovable which conserved the plants in this region. Hence, Herbal flora of this region is healthy.

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